



WHEN: August 17-21, 2018
Leave Oak Pointe @ 2:30pm on Friday
Get back to Oak Pointe @ 4:30pm on Tuesday

WHERE: Lake Ann Camp | 18215 Baptist Camp Trail Lake Ann, MI 49650
231-275-7329 | www.lakeanncamp.com

COST: \$295* through July 15th
\$325* through August 9th
* Scholarships are available; please register using a scholarship form. REGISTRATION CLOSES AUGUST 9th!

TO REGISTER ONLINE: Visit thisistherock.com to register online. Download, print, fill out and turn in the Registration and Medical Form before the registration deadline, August 9th.

TO REGISTER ON PAPER: Fill out and turn in the Registration and Medical Form before the registration deadline, August 9th. Include cash or a check. Make checks payable to Oak Pointe Church.

REFUNDS: Full payment will be reimbursed up until August 16th to the family of any student who is unable to attend Camp for reasons of emergency or illness. Please contact us to inform us of the reason for your cancellation by the 16th.

Partial refunds (half payment received) will be given for any other reasons - with the condition that we are informed no later than August 12th.

NO REFUNDS will be given to people canceling the day we leave (August 17) or for no-shows.

PACKING LIST

BRING TO CAMP:	DO <u>NOT</u> BRING TO CAMP:
<ul style="list-style-type: none"><input type="checkbox"/> Clothing*:<ul style="list-style-type: none">- stuff for warm or cool weather- pants & long sleeve shirt for paintball- bathing suit- stuff to get messy in- don't bring good clothes- tennis shoes- plastic bag/ trash bag to put messy clothes in<input type="checkbox"/> Toiletries<ul style="list-style-type: none">- shampoo- soap- deodorant- toothbrush, paste- etc.<input type="checkbox"/> Bedding<ul style="list-style-type: none">- (sleeping bag, or sheets & blankets w/ pillow)<input type="checkbox"/> Bible<input type="checkbox"/> Pen<input type="checkbox"/> Towels (2 are suggested - lake, shower)<input type="checkbox"/> Flashlight w/ batteries<input type="checkbox"/> Bug Spray<input type="checkbox"/> Alarm Clock<input type="checkbox"/> Umbrella (in case it rains)<input type="checkbox"/> Extra cash for dinner ride to camp/snack shop<input type="checkbox"/> Necessary medication	<p style="text-align: center;">Cell Phones iPods/iPads Gameboys TV's, radios Fireworks Weapons Pets Items for pranks Secular magazine/books</p> <p>If a student is found with any above items they will be taken from them until they arrive back at the church on Tuesday.</p>

PLEASE LIMIT LUGGAGE TO 1 LARGE SUITCASE, 1 BAG FOR BEDDING, AND 1 CARRY ON (FOR THE BUS).

NOTE REGARDING DRESS:

- Girls, wear a conservative bathing suit. It can be a one-piece or two-piece. We want you to feel comfortable, feel confident, and honor God with your body. If you have questions about your swimsuit or about modesty in general, please ask one of our female staff members. If you have a two piece that's revealing, wear a dark top over it.
- Clothing Expectations:
 - No spaghetti strap tank tops (bra straps should never show) or low cut shirts. No stomachs showing.
 - No short shorts. Leggings need a long shirt over them.
- If a student is not dressed appropriately, we will ask him or her to change, or we will give the student something else to put on. If neither they, nor we, have something else for them to put on, we will purchase something for them to wear from Meijer *at that student's expense*.
- If students have questions about whether something is appropriate or not, they can ask our staff and we'll help. Please try to keep these things in mind as you pack.

AN OVERVIEW OF ROCK SUMMER CAMP:

VOLUNTEER STAFF / COUNSELORS / CHAPERONES:

We take our volunteer staff team. Our staff members are trained to work with students and come to camp specifically to spend time with students and build relationships with them. This is a benefit to the ROCK as a whole as these will be the students' small group leaders this next school year.

TRANSPORTATION

We travel by rented vehicles (charter buses and vans). All drivers are either professional bus drivers, or are some of our responsible staff. If anyone needs to come up late or leave early, please talk with Alanna: alanna@oakpointe.org

MEDICAL INFORMATION

Please make sure you give detailed information regarding any medicines, allergies, or other medical concerns you have for your child. If necessary, attach a separate sheet of paper to give complete information as to what, how and when (we would prefer this be written and attached to medications).

While the Lake Ann Staff are all trained to deal with medical emergencies, we will bring our own doctor or nurse (if possible) to handle any medical situations that could arise. (There is a good hospital not too far from the camp.)

FACILITIES

Housing: Students will stay in various buildings on camp property - all rooms holding 8-14 students. They sleep on bunk beds and most rooms have bathrooms in the same building. Cabins that don't have a bathroom in the building are close to bathhouses with multiple private stalls for showers and toilets. The rooms are clean (at least until our students get in them), and pretty comfortable.

Meals: The food is decent and served cafeteria style. If a student has specific dietary needs, please contact Lake Ann directly to inform them: 800.223.5722 and note it on the registration/medical form. Also, students may bring snacks, especially if health needs warrant it. Students need to obey their leaders regarding food in the cabins (e.g. no food after lights out, be careful about open food in rooms and attracting unwelcome critters).

MEETINGS

Our meetings are like the ROCK on Thursdays- some crowd breaker games, worship, and speaker. Our speaker is Joe Snyder, and we are so excited to have him back at Oak Pointe!

TEAM COMPETITIONS

Camp has a different theme every year, with 8 teams competing for a prize. Each student will be assigned a team that they will remain on for the entire camp. We make every effort to put students on a team with their cabin group or Life Group; signing up well before the deadline helps us coordinate teams best. The competitions range from games to memory verses and team spirit.

SCHEDULE

The following is approximately what our schedule looks like (although it is all subject to change):

8:00 am	Breakfast
9:15 - 12:15	Quiet Time, Meeting, Activity
12:00 pm	Lunch
1:00	Activity
3:00	Free Time (Lake Front, Snack Shop, etc.)
5:30	Dinner
7:00 - 9:45	Evening Meeting and Night Activity
10:00	In Rooms
10:45	Lights Out

CAMP RULES

The following are some of the rules that we will enforce with students while attending ROCK Summer Camp:

- Be at all meals, meetings and activities, and on time!
- No guys or girls in opposite gender buildings/rooms.
- Do not touch other people's things.
- Do not touch band, sound, video, game equipment.
- Be appropriate with the opposite gender physically.
- Be appropriate with dress (see packing list, p. 2)

EMERGENCIES

If an emergency takes place at camp, we will be sure to call you. If an emergency happens at home, please call either the camp number, Rick's phone, or Alanna's phone. Please also note that there are some areas on camp where we don't have great reception. You may have to leave a voicemail, and texting either of us works well too.

Camp: 231-275-7329

Rick: 248-345-1710

Alanna: 734-972-0981

DISCIPLINE

Please be aware that if your child's behavior is such that we feel it is destructive or detrimental to the safety or enjoyment of the other campers, they can be sent home at your expense. We will, however, do everything we can to avoid this.

SICKNESS

Please know that if your child has an injury or illness that is beyond simple first aid or attention, we will inform you. Many "sicknesses" are due primarily to students staying up too late, not drinking enough water, eating too much junk food, feeling homesick, or having social issues. These are all normal and our staff are trained to help students through these feelings.

TEAMS/ROOMING

We put students in rooms based on who their ROCK Life Group leader was this past year, and friends they write on their registration form. We place 6th grade students in rooms based on their 2018-2019 schools and friend requests. So please make sure to fill that part out! Even though we do our best to accommodate requests, anyone signing up after August 2nd is not guaranteed a spot with a specific group of people.

SAFETY / SWIMMING (BUDDY SYSTEM)

Students are not to go off by themselves ever! They are to stay with at least one other friend at all times. This is especially true at the lake front - the buddy system is required and checked while at the lake.

HOMESICKNESS

We understand that for some students, this will be their first time away from home. Please let us know if you or your child are concerned about being away from home. Our staff will do all we can to help them adjust!

Please know that students usually do much better dealing with homesickness if they aren't in contact with home a lot. Let them know that they will be able to call home if they need to, but encourage them to engage in all that we are doing at camp. The more they get involved, the easier it will be!

If you have further questions or other specific concerns for your child, please contact Alanna. We want all our Middle School students to not only come to Summer Camp, but also to have the best experience possible! Please let us know what we can do ensure a fun and safe environment for your child!